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BIOMEDICAL WASTE AND THEIR TREATMENT

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Abstract

Medical care is vital for our life and health, but the waste generated from medical activities represents a real problem of living nature and human world. Improper management of waste generated in health care facilities causes a direct health impact on the community, the health care workers and on the environment Every day, relatively large amount of potentially infectious and hazardous waste are generated in the health care hospitals and facilities around the world. Indiscriminate disposal of BMW or hospital waste and exposure to such waste possess serious threat to environment and to human health that requires specific treatment and management priors its final disposal. The present review article deals with the basic issues as definition, categories, problems relating to biomedical waste and procedure of handling and disposal method of Biomedical Waste Management. It also intends to create awareness amongst the personnel involved in health Care unit. The objective of this study is (i) to summarize the rules for management and handling of biomedical wastes, (ii) to give the definition, categories of biomedical wastes, suggested storage containers including color-coding and treatment options, (iii) mainly to highlight the effects of biomedical waste in the environment such as air, land, radioactive pollution and (iv) disposal of wastes, Regulation and recommendations. Health-care waste management in several countries including India is receiving greater attention due to stringent regulations. The waste generation rate ranges between 0.5 and 2.0 kg bed-1day-1. The solid waste from the hospitals consists of bandages, linen and other infectious waste (30-35%), plastics (7-10%), disposable syringes (0.3-0.5%), glass (3-5%) and other general wastes including food (40-45%). Several survey works carried out by various research organizations by (Government and Non government and private sectors) have been discussed and reviewed in this paper.

Key words:-Hazardous waste, Biomedical Waste Management, Health care unit

1.INTRODUCTION

Biomedical waste management has recently emerged as an issue of major concern no tonally to hospitals, nursing home authorities but also to the environment. the biomedical wastes generated from health care units depend upon a number of factors such as waste management methods, type of health care units, occupancy of healthcare units, specialization of healthcare units, ratio of reusable items in use, availability of Infrastructure and resources etc.1The proper management of biomedical waste has become a worldwide humanitarian topic Today. Although hazards of poor management of biomedical waste have aroused the concern world over, especially in the light of its far-reaching effects on human, health and the environment. Now it is a well established fact that there are many adverse and harmful effects to the environment including human beings which are caused by the "Hospital waste" generated during the patient care. Hospital waste is a potential

health hazard to the health care workers, public and flora and fauna of the area. The problems of the waste disposal in the hospitals and other health-care institutions have become issues of increasing concern.

'Bio-medical waste' means any waste generated during diagnosis, treatment or immunization of human beings or animals. Management of healthcare waste is an integral part of infection control and hygiene programs in healthcare settings. These settings are a major contributor to community-acquired infection, as they produce large amounts of biomedical waste. Biomedical waste can be categorized based on the risk of causing injury and/or infection during handling and disposal. Wastes targeted for precautions during handling and disposal include sharps (needles or scalpel blades), pathological wastes (anatomical body microbiology cultures and blood samples) and infectious wastes (items contaminated with body fluids and discharges such as dressing, catheters and I.V. lines). Issue 9 vol 3

Other wastes generated in healthcare settings include radioactive wastes, mercury containing instruments and polyvinyl chloride (PVC) plastics. These are among the most environmentally sensitive by-products healthcare (Ask a rain et al., 2004; Remy, 2001). WHO stated that 85% of hospital wastes are actually onhazardous, around 10% are infectious and around 5% are non-infectious but hazardous wastes. In the USA, about 15% of hospital waste is regulated as infectious waste. In India this could range from 15% to 35% depending on the total amount of waste generated (Glenn &Garwal, 1999; Anonymous, 1998; Chitins' et al., 2005)The management of bio-medical waste is still in its infancy all over the world. There is a lot of confusion with the problems among the generators, operators, decisionmakers and the general community about the safe management of bio-medical waste. The reason may be a lack of awareness.

Hence resource material on the environment for hospital administrators, surgeons, doctors, nurses, paramedical staff and waste retrievers, is the need of the hour (Almuneef&Memish, 2003; Acharya&Meeta, 2000).

1.1Definition

According to Biomedical Waste (Management and Handling) Rules, 1998 of India "Any waste which is generated during the diagnosis, treatment or immunization of human beings or animals or in research activities pertaining thereto or in the production or testing of biological. 4The Government of India (notification,1998) specifies that Hospital Waste Management is a part of hospital hygiene and maintenance activities. This involves management of range of activities, which are mainly engineering functions, such as collection, transportation, operation or treatment of processing systems, and disposal of

One of India's major achievements has been to change the attitudes of the operators of health care facilities to incorporate good HCW management practices in their daily operations and to purchase on-site waste management services from the private sector. (Bekir Onursal, 2003)World Health Organization states that 85% of hospital wastes are actually non-hazardous, whereas 10% are infectious and 5% are non infectious but they are included in hazardous wastes. About 15% to 35% of Hospital waste is regulated as infectious waste. This range is dependent on the total amount of waste generated (Glenn and Garwal, 1999).

Sources of Biomedical Waste:-

Hospitals produce waste, which is increasing over the years in its amount and type. The hospital waste, in addition to the risk for patients and personnel who handle them also poses a threat

to public health and environment.

• Govt. hospitals/private hospitals/nursing homes/dispensaries.

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- Primary health centers.
- Medical colleges and research centers/ paramedic services.
- Veterinary colleges and animal research centers.
- Blood banks/mortuaries/autopsy centers.
- Biotechnology institutions.
- Production units.

Minor Sources

Major Sources

- Physicians/ dentists' clinics
- Animal houses/slaughter houses.
- Blood donation camps.
- Vaccination centers.
- Acupuncturists/psychiatric clinics/cosmetic piercing.
- Funeral services.
- Institutions for disabled persons

2.Need of biomedical waste management in hospitalsThe reasons due to which there is great need of

management of hospitals waste such as:

- 1. Injuries from sharps leading to infection to all categories of hospital personnel and waste handler.
- 2. no encomia infections in patients from poor infection control practices and poor waste management.
- 3. Risk of infection outside hospital for waste handlers and scavengers and at time general public living in the vicinity of hospitals.
- 4. Risk associated with hazardous chemicals, drugs to persons handling wastes at all levels.
- 5. "Disposable" being repacked and sold by unscrupulous elements without even being washed.
- 6. Drugs which have been disposed of, being repacked and sold off to unsuspecting buyers.
- 7. Risk of air, water and soil pollution directly due to waste, or due to defective incineration emissions and ash.

3. Conclusions

Proper management of Bio medical waste is a concern that has been recognized by both government agencies and the Non government organizations. Several hazards and toxic materials containing should be disposed off with proper take and care. Inadequate and inefficient segregation and transportation system may cause severe problem to the society hence implementing of protective measures, written policies all of these factors contribute to increased risk of exposure of staff, patients and the community to biomedical hazards. In order to accelerate the rate at which proper processing and management methods are designed, timely regulatory and legislative policies and procedures are needed. To properly separate, process and isolation of wastes, they must be well-characterized, which is challenging. Safe and

Issue 9 vol 3

effective management of bio medical waste is not only a legal necessity but also a social responsibility. Lack of concern in persons working in that area, less motivation, awareness and cost factor are some of the problems faced in the proper hospital waste management.

Proper surveys of waste management procedures in various practices are needed. Clearly there is a need for education as to the hazards associated with improper waste disposal. An effectivecommunication strategy is imperative keeping in view the low awareness level among different category of staff in the health care establishments regarding biomedical waste management.

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Oneimportant direction for future research would be to project the flows of bio medical waste worldwide and quantitatively and qualitatively assess.

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